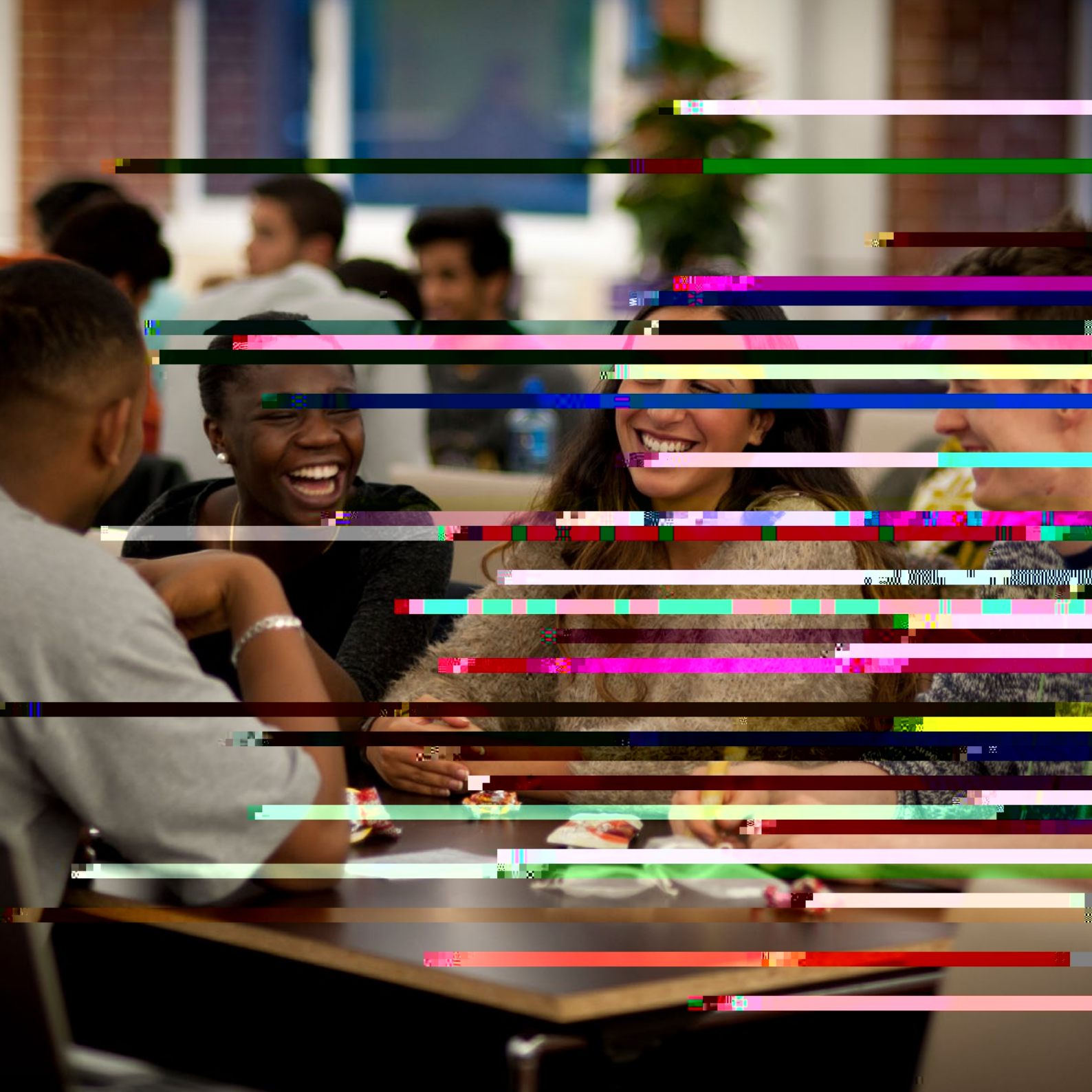






Developing your research, personal
and professional skills is an essential

We recommend reviewing the Researcher Development Framework (RDF – see diagram) in planning your training and development. This resource sets out the knowledge, skills and behaviours required to be an effective researcher.

As a new doctoral researcher, you may only wish to focus on one or two of these areas in the early stages (depending on your previous research experience). It's useful to review your

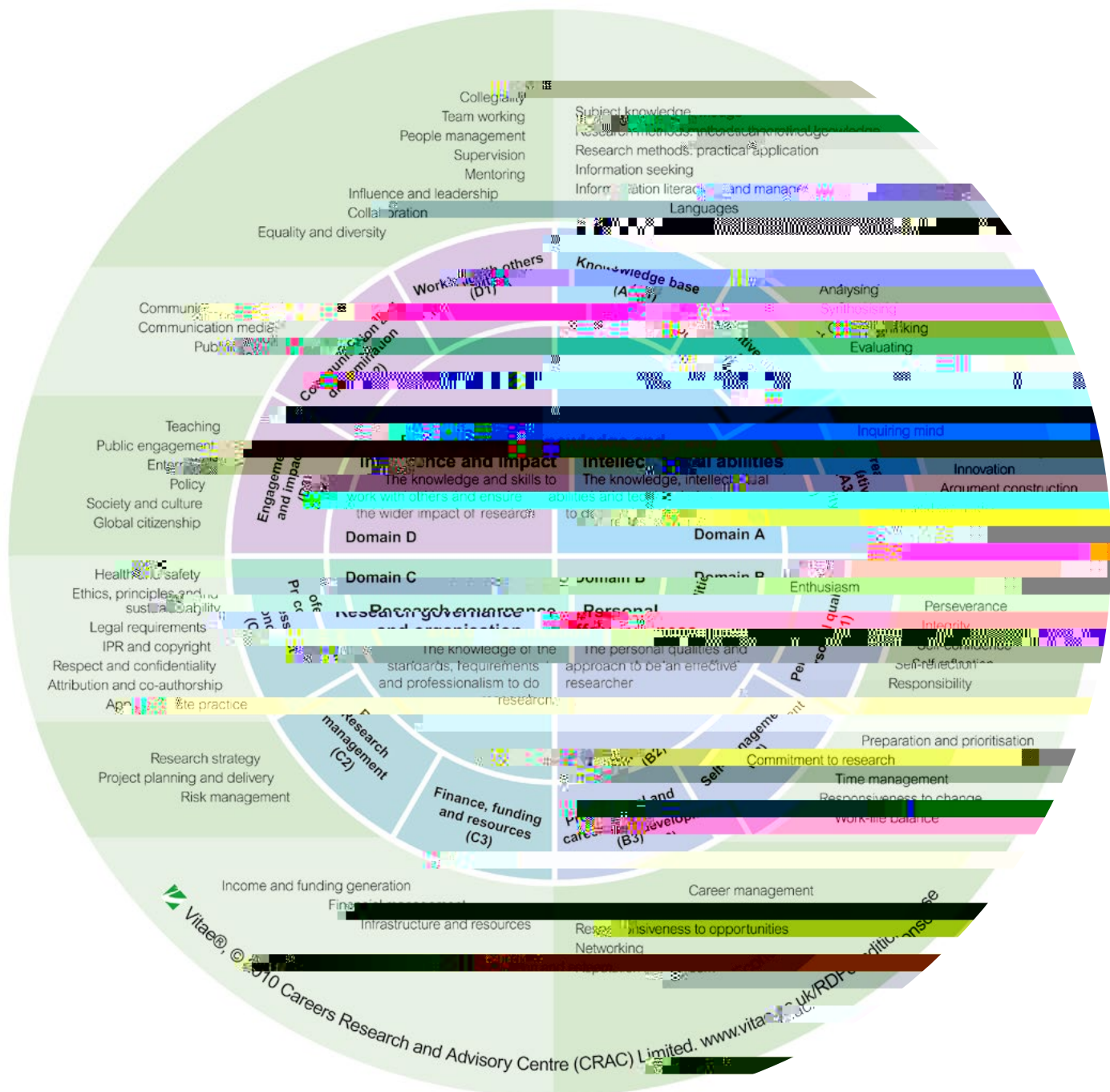
skills on a regular basis, and you will be encouraged by your supervisor to do so during your annual reviews. Further details about the RDF are available at: **www.vitae.ac.uk/rdf**

It is important to discuss your training and development needs with your supervisor, and we recommend arranging a meeting for this purpose within the first few months of starting your doctorate. This should help you to jointly identify training needs and

ways of meeting them through our programme, your School, and various other activities.

You can also arrange a one to one appointment with the Researcher Development Officer to help in thinking about your training needs and the opportunities available.

To book an appointment please email:



Managing your research

DURING THE EARLY STAGES OF YOUR DOCTORATE

Becoming an effective researcher

(NEW!) Navigating a PhD (For medical and life sciences)

Getting ethical approval

Undertaking a literature review

FOR EARLY/MID STAGES

Planning, structuring and writing your thesis

Practical assertiveness for researchers

Working with your supervisor

FOR MID/LATE STAGES

Making progress in your doctorate

Preparing for your final year

Preparing for your viva

FIND OUT MORE

Full workshop descriptions and online resources can be accessed at:

www.sussex.ac.uk/internal/doctoralschool/researcherdev

BOOK
ONLINE

See page 19

MANAGING YOUR RESEARCH

FURTHER SOURCES OF SUPPORT

NEW DOCTORAL RESEARCHERS AT SUSSEX

We have recently launched a new website to welcome new doctoral researchers to Sussex and to help you navigate the early days of your doctorate.

The website provides all the information and guidance you need to get started. It includes video interviews from current doctoral researchers and staff, giving lots of advice on making the most of your time here. You'll find out about supervision, networking, wellbeing, progress, training and lots more.

Have a look at:

<https://pgrsussex.wordpress.com>

IT SERVICES TRAINING

ITS organise training for all students and staff at Sussex on a broad range of topics from beginner through to advanced levels. Sessions which may

Research skills and techniques



RESEARCH SKILLS AND TECHNIQUES

FEEDBACK

Finding dissertations and theses for our research

“The workshop was very useful and introduced me to many databases I was not aware of.”

Keeping up to date in our subject

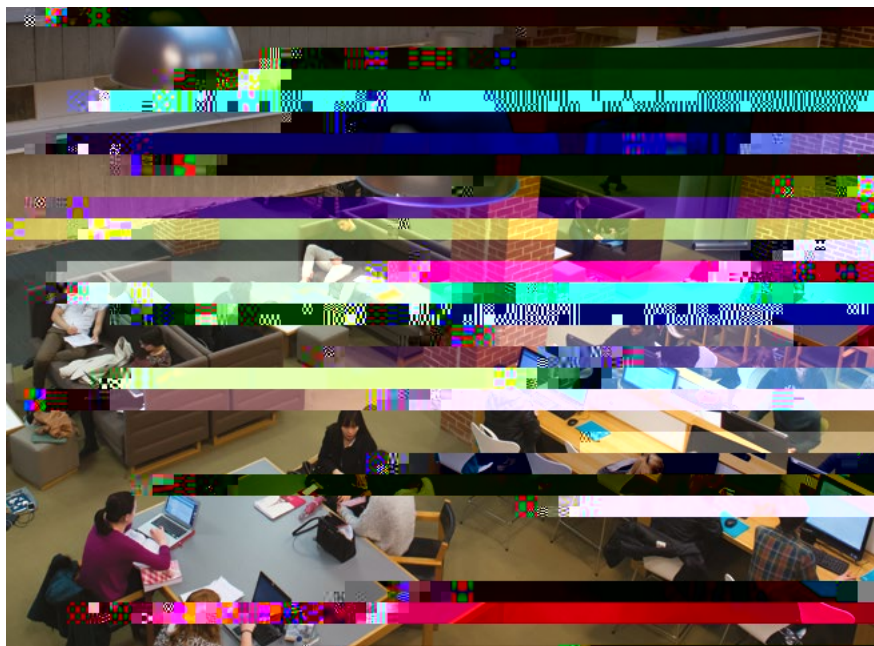
“Everything was explained very clearly, and the presenters had a great deal of knowledge even if very subject-specific questions were asked.”

Literature searching using Web of Knowledge and Scopus

“Gave me more ideas on how to refine my search. I actually found 10 articles which were directly related to my current research!”

Managing our research data

“Brilliant. Comprehensive overview presented in a



FURTHER SOURCES OF SUPPORT

LIBRARY ONE-TO-ONE SESSIONS

The Library Research Support Team ensure the Library's collections meet the needs of researchers, and provide support in using these resources effectively.

The team offers bookable one-to-one sessions which are tailored to your own research interests and will help you get the most from the Library's resources.

If you are interested in using archives in your research you can also take advantage of the expertise of University staff at The Keep (www.thekeep.info) who offer one-to-one support on general archive use.

Book your one-to-one session with the Library Research Support team or The Keep at: www.sussex.ac.uk/library/research/support

Writing and communication

FOR EARLY/MID STAGES

Practical presentation skills

Practical tips to improve our academic writing

(NEW!) Scientific Writing

Planning, structuring and writing our thesis

Introduction to Open Access publishing

Developing our researcher web presence

FOR MID/LATE STAGES

WRITING AND COMMUNICATION

THESIS BOOT CAMP

Thesis Boot Camp is an intensive and supportive writing environment for late stage doctoral researchers. The core idea is to give you the necessary time, space, and encouragement to make significant progress on your first draft.

Thesis Boot Camp takes place over the weekend, is fully catered, and facilitated by Researcher Development. Support is provided through short tutorials, group discussion, and 1-2-1 consultations with the facilitator.

WRITE CLUB

Researchers are also encouraged to join our Write Club. This takes place on a weekly basis. We provide a room, refreshments, and the opportunity for doctoral researchers to come to discuss their research with other researchers.



FURTHER SOURCES OF SUPPORT

TAKE 5 ONLINE COURSES

Facilitated by colleagues in the Technology Enhanced Learning team, the Take 5 online bitesize courses introduce a range of useful tools to help you manage your research.

The content is delivered in bite-sized sessions over five days, allowing you to participate when you have time. Courses last year focused on Twitter, and digital note-making and bookmarking, and for the year ahead will include blogging, and digital productivity.

THE BRILLIANT CLUB

The Brilliant Club is a charity that recruits, trains and employs researchers to deliver programmes of university-style tutorials to small groups of high performing pupils in schools that serve communities with a traditionally low participation rate in higher education. We routinely organise information sessions inviting The Brilliant Club to the University to help you to find out about this opportunity.

See: www.thebrilliantclub.org



OPEN ACCESS WEEK

Open Access Week is an annual global event to broaden awareness and understanding of open access to scholarly research results.

The Library will be organising events

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Career development

FOR ALL STAGES

Career planning for researchers

CVs for doctoral researchers

Enterprise for researchers

Leadership for researchers

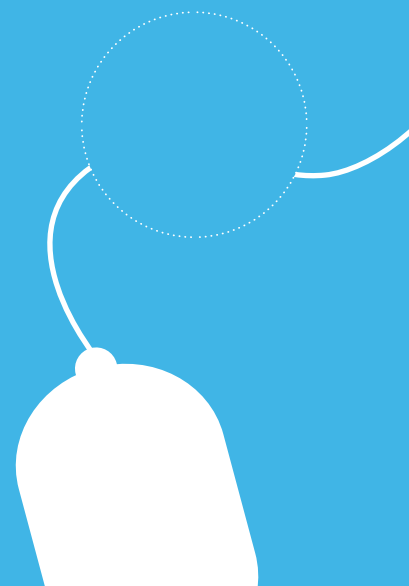
Organising your own researcher event

Online career development resources

A range of resources to help you find career opportunities and optimise your CV are available through our website – see page 15 for more information.

FIND OUT MORE

Full workshop descriptions and online resources can be accessed at:
www.sussex.ac.uk/internal/doctoralschool/researcherdev



CAREER DEVELOPMENT

FURTHER SOURCES OF SUPPORT

CAREERS AND EMPLOYABILITY CENTRE

The Careers and Employability Centre works with researchers during and after their time at Sussex and can help you to explore your career ideas and find out more about the pathways open to you both within academia and in non-academic roles.

You can book a one-to-one appointment with a professionally qualified careers consultant, for advice on:

- Searching for vacancies
- Finding relevant work experience
- Developing your strengths and skills
- Researching career areas of interest
- Writing CVs, covering letters and applications

Contact **careers@sussex.ac.uk** to request a consultation.

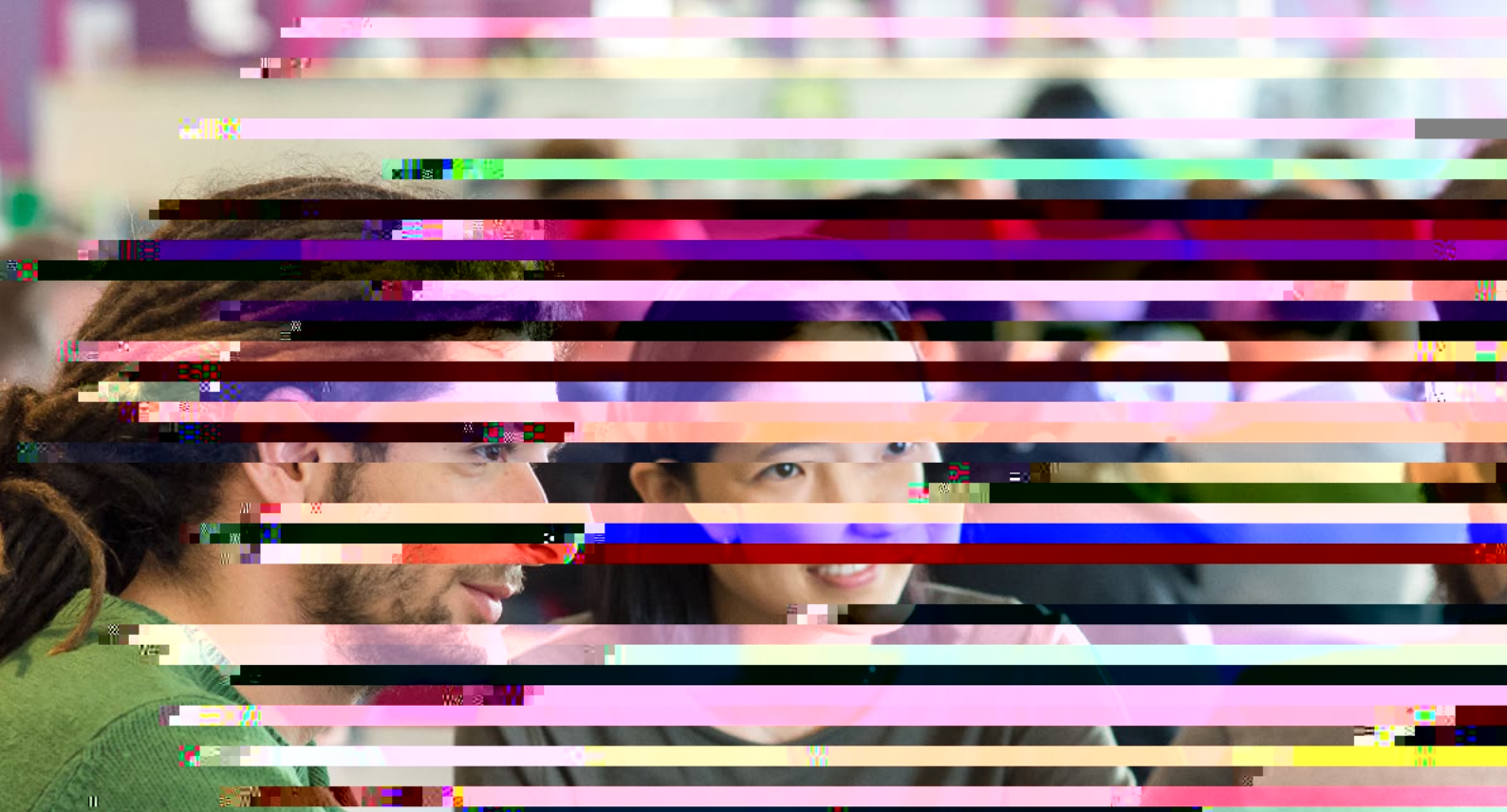


STARTUP SUSSEX

ONLINE CAREER DEVELOPMENT RESOURCES

On our webpages we've brought together a range of resources designed to help you find career opportunities and optimise your CV. You'll also find a series of short career profiles from recent Sussex doctoral graduates who have gone on to pursue a variety of careers. View the resources at:

www.sussex.ac.uk/internal/doctoralschool/researcherdev/yourcareer



ELIGIBILITY

All doctoral researchers registered at the University of Sussex are eligible to attend our Researcher Development Programme (RDP) workshops and events.

Research staff are also welcome to attend any workshop they feel may be relevant.

Students who are studying on Undergraduate or Masters programmes are not eligible to attend, but can access support from the Skills Hub:

www.sussex.ac.uk/skillshub

WORKSHOP FEES

There are no fees for University of Sussex doctoral researchers or research staff to attend our workshops.

PRE-WORKSHOP PREPARATION

Some of our workshops require a small amount of preparatory work. Most of the time, this involves providing us with some information about your

WORKSHOP PREPARATION

Please email rdp@sussex.ac.uk if you are eligible to attend.

Students who are studying on Undergraduate or Masters programmes are not eligible to attend, but can access support from the Skills Hub:

