Date 07/12/2020
Version Number 1.2
Mass testing using Lateral Flow Devices (LFDs) is only one measure to help reduce the spread of
covid-19.
To be effective you should take two LFD tests three days apart and ensure that you swab your nose
and throat thoroughly. Three days is the ideal time between tests. You can have a longer gap
between tests if required, but this is not recommended.
In advance of any widespread vaccination program social distancing, wearing face-coverings and 14
days self-isolation periods will still be needed to reduce the spread of Covid-19. This is the best way
to keep our community, family and friends safe.
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ìÍ@ The University strongly encourages all members of the University to take advantage of the mass
testing facility while it is available but its availability does not mean that other precautions can be
ignored or relaxed.
It is acknowledged that LFDs are less sensitive to Covid-